

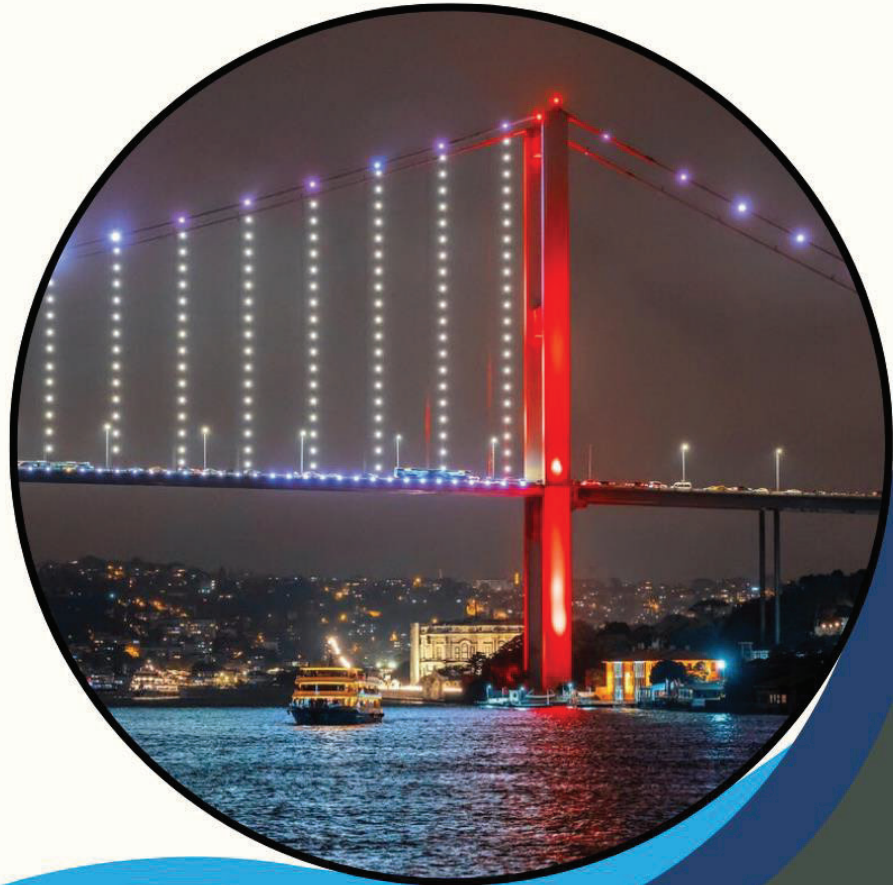


# INCOHIS 2024 AUTUMN

DEC 7 - 8, 2024 İSTANBUL / TÜRKİYE

INTERNATIONAL CONGRESS OF NEW HORIZONS IN  
SCIENCE AND SOCIAL SCIENCES

SOCIAL SCIENCES PROCEEDINGS BOOK



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From 7 countries 76 participants applied to the congress. Participants presented their papers for two days in the congress.

We are also grateful to the esteemed participants, our keynote speakers, our referees for their support and contributions to the success of this congress. Thank you for attending our academic event and supporting us.

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## PEER SUPPORTED EDUCATION AS A TEACHING STRATEGY: THE SAFE-YOU PROJECT EXAMPLE

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### **Abstract**

The peer-supported education model is positioned as the primary education model of the project titled “Digital Health Guidance Academy for Young Leaders” (Safe-You) supported within the scope of the Erasmus+ Program carried out by the Turkish National Agency. Peer-supported education programs in the project describe the process in which young people who have received peer education with the support of youth workers, guidance teachers and scientists, carry out trainings labeled “Surviving in the Digital Age” organized for their peers with the support and supervision of scientists and are included in activity planning. Because young people are affected by their peer groups, either positively or negatively, but strongly. The logic of peer education is based on young people being able to positively influence each other. Peer educators can be models for their peers on how to combat digital problems and how digital environments can be used for social capital development. Young people are likely to listen to and take their admired and respected peers as models. Peer educators can support their peers in and outside of education. Peer educators can play an important role in solving problems in their environment. Young people understand each other easily because they have similar experiences, likes, interests and a special language among themselves. The informal relationship between them brings them closer and makes them open to listening and understanding each other. This is why peers can easily transfer information to each other. They not only transfer information, but also play a role in changing their attitudes and behaviors on the subject. The academic paper, which has a qualitative design character, aims to further discuss the capacity of peer education to produce solutions to the problems addressed by Safe-You.

**Keywords:** Erasmus+, Peer Supported Education, Safe-you, Youth